October 2020

Rolla USD #217 Food Service

Sunday	Monday	Tuesday	USD #217 F000 Wednesday	Thursday	Friday	Saturday
Sunday	Monday	Tuesday	wednesday	Thursday		
6 7 13 14 20 21	Sep 2020 T W T F S 1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 23 24 25 26 29 30	Nov 2020 S M T W T 1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 23 24 25 26 29 30		B. Cereal, Cinnamon Toast, Rosy Applesauce, Fruit Juice, Milk L. Pulled Pork Sandwich, Baked Beans, Coleslaw, Strawberries, Milk	2 No School Friday	3
4	5	6	7	8	9	10
	B. Biscuit & Sausage Gravy, Strawberries, Fruit Juice, Milk L. Chicken Tetrazzini, Seasond Peas, Garlic Bread, Tossed Salad, Fresh Baby Carrots, Kiwi, Milk	B. Cereal, Scrumptious Coffeecake, Kiwi, Fruit Juice, Milk L. Hamburger Patty on a Bun, Baked Beans, Potato Wedges, Leaf Lettuce, Sliced Tomatoes, Red Bell Pepper Strips, Watermelon, Milk, Pickles, Katchup, Mayo, Mustard	B. Scrambled Eggs, Toast, Watermelon, Fruit Juice, Milk, Jelly L. Pancakes, Sausage Patties, Hash Brown Patty, Sliced Cucumbers, Cherry Tomatoes, Juice, Milk, Syrup, Ketchup	 B. French Toast Sticks, Fruit Cocktail, Fruit Juice, Mllk, Syrup L. Rodeo Burger on a Bun, Roasted Red Potatoes, Fresh Broccoli Florets, Grapes, Milk, Ketchup, Shredded Cheddar Cheese 	Teacher Inservice No School Friday	
11	12	13	14	15	16	17
11	B. Mini Waffles, Grapes, Fruit Juice, Milk, Syrup L. Beef & Bean, Burrito, Com, Chips & Salsa, Romaine Lettuce, Tomates, Peaches, Milk	B. Cereal, Cinnamon Roll, Peaches, Fruit Juice, Milk L. Stromboli Triangles, Steamed Broccoli, Garden Salad, Fresh Baby Carrots, Cantaloupe, Milk	 B. Breakfast Pizza, Cantaloupe, Fruit Juice, Milk L. BBQ Beef on a Bun, Seasoned Peas, Brownie, Mandarin Oranges, Milk BBQ Sauce 	B. Breakfast Burrito, Mandarin Oranges, Fruit Juice, Milk, Salsa L. Turkey & Chæse Sandwich, Baked Beans, Sweet Potato Fries, Leaf Lettuce, Sliced Tomatoes, Banana, Milk, Katchup, Mayo, Mustard	No School Friday	1 /
18	19	20	21	22	23	24
	B. Biscuit & Sausage Gravy, Banana, Fruit Juice, Milk L. Chicken & Noodles, Mashed Potatoes, Sauteed Zucchini, Roll, Fresh Baby Carrots, Pears, Milk, Honey	 B. Cereal, Banana Bread, Pears, Fruit Juice, Milk L. Pig in a Blanket, Roasted Red Potatoes, Broccoli & Cheese, Honeydew, Milk, 2-Ketchup 	 B. Chicken Biscuit Breakfast Sandwich, Honeydew, Fruit Juice, Milk L. Spaghtti w/ Meat Sauce, Green Beans, Garlic Bread, Gaden Salad, Tropical Fruit, Milk 	B. Pancake & Sausage on a Stick, Tropical Fruit, Fruit Juice, Milk, Syrup L. Taco Salad, Refried Beans, Chips & Salsa, Cinnamon Puff, Romaine Lettuce, Red Bell Pepper Strips, Apple, Milk, Shredded Cheddar Cheese	No School Friday	
25	26	27	28	29	30	31
	B. French Toast Sticks, Apple, Fruit Juice, Milk, Syrup L. Cheese Pizza, Ranch Style Beans, Fresh	B. Bagel w/ Toppings, Pineapple, Fruit Juice, Milk L. White Chicken Chili, Cornbread, Cherry Tomatoes, Sliced Cucumbers,	B. Cereal, Breakfast Bar, Fresh Oranges, Fruit Juice, Milk L. Biscuit & Gravy, Sausage Patties, Hash Brown Patty,	B. Breakfast Pizza, Rosy Applesauce, Fruit Juice, Milk L. Meatball Sub, Ranch Potato Wedges, Tossed		
	Broccoi Florets, Fresh Baby Carrots, Pineapple, Milk	Fresh Oranges, Milk, Shredded Mozz.	Seaconed Peas, Fruit Juice, Milk, Jelly, Ketchup	Salad, Strawberries, Milk, Shredded Mozz.	No School Friday	

Fruit and Milk Choice offered with each Meal. This institution is an equal opportunity provider.